

**BOSTON OUTPATIENT SURGICAL SUITES**  
 DEPARTMENT OF ANESTHESIOLOGY  
 PRE ADMISSION SCREENING  
 PREOPERATIVE TESTING GUIDELINES

PREOPERATIVE CONDITION	LAB WORK	EKG	HGC	MEDICAL CLEARANCE
50-64 YEARS		REQUIRED		
>65 YEARS	CBC	REQUIRED		
CARDIOVASCULAR DISEASE**		REQUIRED		X
HYPERTENSION		REQUIRED		
DIURETIC USE	K+ LEVEL	REQUIRED		
DIGOXIN USE		REQUIRED		
HISTORY OF ANGINA		REQUIRED		
PULMONARY DISEASE***				X
ANTICOAGULANT USE	PT/PTT			
DIABETES	K+, GLUCOSE			
POSSIBLE PREGNANCY			X	

- ~PHYSICIAN'S JUDGEMENT SHOULD BE USED REGARDING PATIENTS WITH HEALTH CONDITIONS NOT LISTED ABOVE
- ~HEALTHY PATIENTS <40 **DO NOT** REQUIRE ANY TESTING IF NO SIGNIFICANT BLOOD LOSS IS EXPECTED
- ~HISTORY AND PHYSICAL ARE **REQUIRED** TO DETERMINE HEALTH STATUS
- ~HISTORY AND PHYSICALS ARE VALID FOR 30 DAYS
- ~EKGS ARE VALID FOR 6 MONTHS

\*\* CARDIOVASCULAR DISEASE - HISTORY OF CABG, MI, PAST OR PRESENT ANGINA, VALVULAR HEART DISEASE, STROKE, STENTS, PACEMAKER OR CHF

\*\*\*PULMONARY DISEASE - COPD